

“Is there a way to manage my diabetes that will fit my lifestyle and maintain my physical and mental health?”



LIVE WELL WITH DIABETES

Learn to manage diabetes with a balanced diet, regular exercise and possibly the use of medication.

Medical Center of Lewisville’s Diabetes Self Management Training Center offers persons with type 1 and type 2 diabetes:

A Customized Healthcare Team • State Of The Art Information & Education

Diabetes Support Group • Follow-Up Care

A program for persons with gestational diabetes is also available.

Diabetes Self Management Training Center: 972.420.1091

American Diabetes Association Recognized Program.

Medical Center of Lewisville
“A tradition of progress and caring.”